

Creation School Health and Wellness

Cold, Flu, COVID, & Other Viruses - Mitigation
Updated 2.22.2022

Please notify the school of any illness or injury. Parents must notify the office immediately when their child has a communicable disease. **Children will not be admitted if they have an infectious illness of any kind or if they are running a fever.** You will be notified if your child is exposed to a contagious illness at school.

Our school community's health is dependent on everyone working together to keep our classrooms well. Please keep your children home when they do not feel well. The continued diligence of our parents and staff to ensure everyone's safety will allow us to continue to operate effectively and educate our students. An outbreak of any communicable disease may result in a school closure.

Stay Home When Sick	<p>Children must be kept at home if they have ANY of these symptoms:</p> <ul style="list-style-type: none"> ● a fever at or above 100.3 within the last 24 hours ● a cold that is less than 2 days old ● heavy nasal discharge ● congested cough ● nausea/vomiting/diarrhea ● sore throat ● headache ● ANY new or unexplained symptom of a possible communicable disease to include those listed above, sniffles, reddened eyes, abdominal pain, discharge from eyes, rash, pinworms, or head lice within the past 24 hours. 	<p>Your child may return to school if:</p> <ul style="list-style-type: none"> ● no fever, vomiting, or diarrhea for 24 hours without medication/no symptoms (ex. Tylenol/Motrin) ● the cold is over 2 days old, but there is a <u>minor</u> nasal drip ● you've obtained a written release from a doctor
Student Becomes Ill At School	<p>Parents will be contacted at once and arrangements will be made for picking up your child.</p> <ul style="list-style-type: none"> ● Children who become ill during the day will be isolated from the other children, when possible. ● If a child has a temperature of 100.3 degrees or above, diarrhea, or vomits they will be sent home. 	
Face Coverings	Teachers, staff, and children are welcome to wear a mask.	
Cleaning	<ul style="list-style-type: none"> ● Classrooms are cleaned throughout the school day. ● Classrooms are sanitized, as needed. 	
Handwashing	Frequent hand washing/cleaning will be encouraged at regular intervals throughout the day with both soap and water or hand sanitizer.	
Positive COVID Cases	<p><i>Watch for Symptoms:</i> People with COVID-19 have reported a wide range of symptoms. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms.</p> <p>People with these symptoms may have COVID-19:</p> <ul style="list-style-type: none"> ● Fever or chills ● Cough ● Shortness of breath or difficulty breathing ● Fatigue ● Muscle or body aches ● Headache ● New loss of taste or smell ● Sore throat ● Congestion or runny nose ● Nausea, vomiting, and/or diarrhea 	<ul style="list-style-type: none"> ● Students should stay home from school if they exhibit any symptoms. ● Students may be sent home if they exhibit any symptoms at school. If a student exhibits 2 or more symptoms, COVID testing is recommended. ● Any student or staff member who has tested positive must remain at home in isolation for 5 days. They may return to school after day 5 with no symptoms/symptoms are improving and a negative test. ● Families who chose not to test, students may return on day 11. ● If a household family member tests positive, please notify the office and monitor your student for symptoms. ● When a COVID exposure is reported, families will be notified accordingly.